

CALIFORNIA STATE POLYTECHNIC UNIVERSITY, POMONA
ACADEMIC SENATE

ACADEMIC PROGRAMS COMMITTEE
REPORT TO
THE ACADEMIC SENATE
AP-029-167

BS IN KINESIOLOGY – PEDAGOGICAL KINESIOLOGY OPTION

Academic Programs Committee

Date: 11/12/2016

Executive Committee
Received and Forwarded

Date: 11/16/2016

Academic Senate

Date: 11/30/2016
First Reading

BACKGROUND: The Department of Kinesiology and Health Promotion has, as part of the semester conversion process, revised its Pedagogical Kinesiology option for students interested in teaching health and fitness in a variety of settings.

RESOURCES CONSULTED:

Deans

Associate Deans

Department Chairs

All Faculty

DISCUSSION:

Before reaching the Academic Programs Committee, this program was reviewed by the College Curriculum Committee in the College of Science as well as the Dean of Science and the Office of Academic Programs. All concerns raised at those levels were addressed. The Academic Programs Committee then conducted campus-wide consultation, as well as its own review of the program. No concerns were raised.

RECOMMENDATION:

The Academic Programs Committee recommends approval the revised option in Pedagogical Kinesiology under the BS in Kinesiology for semesters.

Kinesiology, B.S. - Pedagogical Kinesiology Option: 120 units			
Status	active		
Hierarchy Entities	Kinesiology and Health Promotion		
Approval Process Name	I. Program - Q2S Existing Program/Option/Minor		
Current Step	Office of Academic Programs		
Originator	Laura Chase		
Created	03/07/2016 12:17PM		
Launched	03/07/2016 12:33PM		
Form			
General Catalog Information			
Department	Kinesiology and Health Promotion		
Conversion Category:	Revised		
Proposal Type:	Option		
Describe or list changes	Core for the program has been broadened to include more of the sub-disciplines within Kinesiology. Several new courses have been added to the core. Option courses have been updated, modified and combined for the semester system.		
Semester Program Name (e.g. Biology, B.S., Art History, B.A.)	Kinesiology, B.S. - Pedagogical Kinesiology Option: 120 units		
Program Description	Kinesiology and health promotion are multidisciplinary fields dedicated to the study of complex interactions among physiological, biomechanical, psychological, sociological, behavioral, and developmental aspects of human movement and health promotion. The mission of the Pedagogical Kinesiology option is to prepare future K-12 physical education and adapted physical education teachers with the knowledge and skills to enter a credential program and to teach in California public schools.		
Curriculum Sheet	Kinesiology Major - Pedagogical Kinesiology Option		
	Major Core	Title Units	
	KIN 2020	Introduction to Kinesiology and Health Promotion 3	
	KIN 2050	Applied Health and Well-being 3	
	KIN 2200	Pedagogical Principles of Kinesiology and Health Promotion 3	
	KIN 2290	Contemporary Issues in Kinesiology and Health Promotion 3	
	KIN 3030/L	Physiology of Exercise/Lab 3/1	
	KIN 3040/L	Introduction to Biomechanics/Lab 3/1	
	KIN 3620/A	Motor Behavior/Activity 3/1	
	BIO 2340/L	Anatomy/Lab 2/2	
	BIO 2350/L	Physiology/Lab 3/1	
	BIO 1150/L	Basic Biology/Lab (B2, B3) 3/1	
	STA 1200	Statistics with Applications (B4) 3	
	Subtotal (Major Core)		39 units
	Option Core	Title Units	
	KIN 2220/A	Pedagogy Theory and Fieldwork/Activity 2/1	
	KIN 2460S/AS	Introduction to Students with Disabilities Service Learning/Activity 2/1	
	KIN 3210/A	Teaching Outdoor and Adventure Education/Activity 1/2	
	KIN 3220/A	Teaching Individual, Dual and Team Sports/Activity 1/2	
	KIN 3230/A	Teaching Rhythms and Dance/Activity 1/1	
	KIN 3240/A	Teaching Gymnastics, Self-Defense and Secondary PE and Fitness/Activity 1/1	
	KIN 3250/A	Teaching Aquatics/Activity 1/1	
	KIN 3260/A	Teaching Elementary Physical Education and Fitness/Activity 2/1	
	KIN 3500	Philosophical and Ethical Issues in Kinesiology 3	
	KIN 3550/A	Physical Education Curriculum and Assessment/Activity 2/1	
	KIN 4050S/AS	Adapted Physical Ed Fieldwork Service Learning/Activity 1/1	
	KIN 4420	Social and Historical Perspectives In Kinesiology 3	
	KIN 4620	Senior Seminar for Pedagogical Kinesiology 3	
	PHY 1020	Fundamentals of Physics (B1) 3	
	NTR 3050	Nutrition, Science, and Health (B5) 3	
Subtotal (Option Core)		41 units	
Elective Support Courses	Title Units		

KIN 4050S/AS	Adapted Physical Education Fieldwork Service Learning/Activity	1/1													
KIN 4310AS	Students with Disabilities Field Experiences Activity Service Learning	1X3=3													
KIN 4320S	Behavior Support and Other Plans Used in Adapted Physical Education Service Learning	2													
KIN 4330S	Assessment Policies and Procedures in Adapted Physical Education Service Learning	2													
KIN 4340	Program Development and Implementation in Adapted Physical Education	2													
KIN 4350S	Motor Assessment in Adapted Physical Education Service Learning	2													
Subtotal (Elective Support Courses for students who want an additional focus on APE. These courses are above the 120 units required for the degree and are not required for the degree.)		0-13 units													
Subtotal (Unrestricted Electives)		0-5 Units													
Total		120 units													
KHP Four-Year Roadmap Pedagogical Kinesiology Option															
FALL SEMESTER															
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Two-Year Course Schedule																									
Old Number	Subject	Number	Title	Units	Semester Offered	Pre-Req or CO Req																			
102A	KIN	1100A	Basketball	1	F/S																				
128A	KIN	1110A	Softball	1	F/S																				
126A	KIN	1120A	Soccer	1	F/S																				
163A	KIN	1130A	Volleyball	1	F/S																				
N/A	KIN	1140A	Ultimate Frisbee	1	F/S																				
145A	KIN	1200A	Archery	1	F/S																				
157A	KIN	1210A	Golf	1	F/S																				
161A	KIN	1220A	Swimming	1	F/S																				
175A	KIN	1230A	Aqua Fitness	1	F/S																				
147A	KIN	1310A	Badminton	1	F/S																				
167A	KIN	1320A	Tennis	1	F/S																				

Two-Year Course Schedule						
Old Course Number	KIN Subject Number	New Course Number	Title	Units	Semester Offered	Pre-Req or CO Req
111A	KIN	1350A	Social Dance			
126A	KIN	1410A	Aikido	1	F/S	
127A	KIN	1410A	Karate	1	F/S	
178A	KIN	1420A	Self-Defense	1	F/S	
177A	KIN	1430A	Tai-Chi	1	F/S	
114A	KIN	1510A	Circuit Training	1	F/S	
119A	KIN	1520A	Jogging	1	F/S	
117A	KIN	1530A	Kickboxing	1	F/S	
115A	KIN	1540A	Step Aerobics	1	F/S	
118A	KIN	1550A	Stretching	1	F/S	
116A	KIN	1560A	Yoga and Meditation	1	F/S	
165A	KIN	1565A	Weight Training	1	F/S	
166A	KIN	1570A	Training with Free Weights	1	F/S	
N/A	KIN	1600A	Challenge Ropes Course	1	F/S	
201	KIN	2020	Introduction to Kinesiology & Health Promotion	3	F/S	
N/A	KIN	2050	Applied Health & Well-Being	3	F/S	KIN Majors Only
207	KIN	2070	Health & Well-Being	3	F/S	GE Area E
204	KIN	2200	Pedagogical Principles of Kinesiology and Health Promotion	3	F/S	
208	KIN	2220	Pedagogy Theory and Fieldwork	2	F	CO - 2220A
208A	KIN	2220A	Pedagogy Theory and Fieldwork Activity	1	F	CO - 2220
209	KIN	2290	Contemporary Issues in Kinesiology and Health Promotion	3	F/S	
206S	KIN	2460S	Introduction to Students with a Disability Service Learning	2	F/S	KIN 2460AS
206AS	KIN	2460AS	Introduction to Students with a Disability Act 5 L	1	F/S	KIN 2460S
301	KIN	3010	Foundation of Exercise Science	3	F/S	GE B5 (PRE AREA A1-3, B1-4)
303	KIN	3030	Physiology of Exercise	3	F/S	PRE - BJO 2350/L, CO - 3030L
303L	KIN	3030L	Physiology of Exercise Lab	1	F/S	PRE - BJO 2350/L, CO - 3030
304	KIN	3040	Introduction to Biomechanics	3	F/S	PRE - BJO 2340/L, PHY 102 OR 121/L, CO - 3040L
304L	KIN	3040L	Introduction to Biomechanics Laboratory	1	F/S	PRE - BJO 2340L, PHY 102 OR 121/L, CO - 3040
251	KIN	3210	Teaching Outdoor and Adventure Education	1	S	PRE - 2220/A, CO - 3210A
251A	KIN	3210A	Teaching Outdoor and Adventure Education Activity	2	S	PRE - 2220/A, CO - 3210
252	KIN	3220	Teaching Individual, Dual and Team Sports	1	F	PRE - 2220/A, CO - 3220A
252A	KIN	3220A	Teaching Individual, Dual and Team Sports Activity	2	F	PRE - 2220/A, CO - 3220
255	KIN	3230	Teaching Rhythms and Dance	1	S	PRE - 2220/A, CO - 3230A
255A	KIN	3230A	Teaching Rhythms and Dance Activity	1	S	PRE - 2220/A, CO - 3230
257	KIN	3240	Teaching Gymnastics, Self-Defense and Secondary PE and Fitness	1	F	PRE - 2220/A, CO - 3240A
257A	KIN	3240A	Teaching Gymnastics, Self-Defense & Sec PE and Fitness Activity	1	F	PRE - 2220/A, CO - 3240
264	KIN	3250	Teaching Aquatics	1	S	PRE - 2220/A, CO - 3250A
264A	KIN	3250A	Teaching Aquatics Activity	1	S	PRE - 2220/A, CO - 3250
328	KIN	3260	Teaching Elementary Physical Education and Fitness	2	S	PRE - 2220/A, CO - 3260A
328A	KIN	3260A	Teaching Elementary Physical Education and Fitness Activity	1	S	PRE - 2220/A, CO - 3260
341A	KIN	3410A	Teaching Practicum	1	F/S	
310	KIN	3500	Philosophical & Ethical Issues in Kinesiology	3	F	
440	KIN	3550	Physical Education Curriculum and Assessment	2	S	PRE - 2220A, 2460S/AS, 3210/A, 3220/A, 3230/A, 3240/A, 3250/A & 3260/A, CO - 3550A
N/A	KIN	3550A	Physical Education Curriculum and Assessment Activity	1	S	PRE - 2220A, 2460S/AS, 3210/A, 3220/A, 3230/A, 3240/A, 3250/A & 3260/A, CO - 3550
312	KIN	3620	Motor Behavior	3	F/S	PRE - 3030/L, CO - 3620A
312A	KIN	3620A	Motor Behavior Activity	1	F/S	PRE - 3030/L, CO - 3620
365	KIN	3650	Physical Dimensions of Aging	3	F	PRE - 3030/L
			Stress Management for Health			

Two-Year Course Offering	Two-Year Course Schedule						GE Area E
	Old Number	Subject	Number	Description	Units	Semester Offered	
	370	KIN	3700	Stress management for healthy Living Adapted Physical Education Fieldwork Service Learning	3	F/S	PRE - 2460S/2060AS, CO - 4050S
	405AS	KIN	4050AS	Adapted Physical Education Fieldwork Activity SL	1	F/S	PRE - 2460S/2060AS, CO - 4050S
	408	KIN	4080	Drugs and Society	3	F	
	412	KIN	4210	Movement Anatomy and Kinesiology	3	F	PRE - BIO 2340/L & KIN 3040/L, CO - 4210L
	412L	KIN	4210L	Movement Anatomy and Kinesiology Lab	1	F	PRE - BIO 2340/L & KIN 3040/L, CO - 4210
	431AS	KIN	4310AS	Students with Disabilities Field Experiences Activity SL	1	F/S	PRE - 2460S/AS, CO - 4320S, 4330S or 4350S
	432S	KIN	4320S	Behavior Support and Other Plans Used in APE SL	2	F	PRE - 2460S/AS, CO - 431AS
	433S	KIN	4330S	Assessment Policies & Procedures In Adapted Phys. Ed	2	F	PRE - STA 1200 & 4320S, CO - 431AS
	434S	KIN	4340	Program Development & Implementation in APE	2	S	PRE - 4330S
	435S	KIN	4350S	Motor Assessment In Adapted Physical Education SL	2	S	PRE - STA 1200 & 4340, CO - 4310AS
	436	KIN	4360	Clinical Practice In Adapted Physical Education	2	F/S	PRE - 4050S/AS, KIN 4320S/4310AS, KIN 4330S/4310AS, KIN 4340 & 4350S/4310AS
	437	KIN	4370	Adapted Physical Education Candidate Assessment	1	S	4360 or TED Block I & II
	441	KIN	4400	School Health Education	3	F/S	
	N/A	KIN	4410	Internship in Kinesiology	1-2	N/A	HOURS/ GPA/ SITE LETTER
	450	KIN	4420	Social and Historical Perspectives in Kinesiology	3	F	
	451	KIN	4430	Social Inequality and Sport	3	S	GE Area D4
	N/A	KIN	4440	Sport and Film	3	F	
	449	KIN	4490	Sport and Culture	3	S	GE Area D3
	470	KIN	4500	Electrocardiography in Health and Exercise	2	F/S	PRE - 3030/L, CO - 4500L
	470L	KIN	4500L	Electrocardiography in Health and Exercise Lab	1	F/S	PRE - 3030/L, CO - 4500
	453	KIN	4510	Exercise Prescription and Fitness Testing	3	F/S	PRE - 3030/L, CO 4510A
	N/A	KIN	4510A	Exercise Prescription and Fitness Testing Activity	1	F/S	PRE - 3030/L, CO 4510
	N/A	KIN	4520	Injury Prevention & Emergency Care	3	F/S	CO - 4520A
	N/A	KIN	4520A	Injury Prevention & Emergency Care Activity	1	F/S	CO - 4520
	455	KIN	4530	Sports Medicine	3	F/S	PRE - 3030/L
	456	KIN	4540	Exercise Bioenergetics and Metabolism	3	F	PRE - 3030/L
	N/A	KIN	4550	Principles of Strength and Conditioning	3	S	PRE - 3030/L, CO - 4550L
	N/A	KIN	4550L	Principles of Strength and Conditioning Lab	1	S	PRE - 3030/L, CO - 4550
	461	KIN	4610	Senior Project	3	F/S	PRE - Senior Standing
	463	KIN	4630	Senior Seminar for Pedagogy	3	S	PRE - Senior Standing
	480	KIN	4650	Health Promotion Program Planning	2	F/S	PRE - UPPER DIVISION, CO - 4650
	480A	KIN	4650A	Health Promotion Program Planning Activity	1	F/S	PRE - UPPER DIVISION, CO - 4650A
	N/A	KIN	5520	Socio-Cultural Perspectives on Kinesiology	3	Every Other F	GRADUATE STANDING
	553	KIN	5530	Curriculum in Physical Education	3	Every Other F	GRADUATE STANDING
	555	KIN	5550	Analysis of Teaching In Physical Education	3	Every Other S	GRADUATE STANDING
	559	KIN	5590	Contemporary Physical Education	3	Every Other F	GRADUATE STANDING
	570	KIN	5700	Management of Adapted Physical Education Programs	2	Every Other S	GRADUATE STANDING
	575S	KIN	5750S	Motor Practicum for Individuals with Disabilities SL	1	S	PRE - 4050S/AS, CO - 5750AS
	575AS	KIN	5750AS	Motor Practicum for Individuals with Disabilities Activity SL	1	S	PRE - 4050S/AS, CO - 5750S
	680	KIN	5800	Advanced Biomechanics	2	Every Other F	PRE - 3040/L, CO - 5800L
	N/A	KIN	5800L	Advanced Biomechanics Laboratory	1	Every	PRE - 3040/L, CO - 5800

Two-Year Course Schedule						
Old Number	Subject	New Number	Advanced Exercise Physiology	Units	Semester Offered	PRE - 3030/L, CO - 5830
683L	KIN	5830L	Advanced Exercise Physiology Lab	1	Every Other S	PRE - 3030/L, CO - 5830
684	KIN	5840	Advanced Concepts in Exercise Testing and Interpretation	3	Every Other S	PRE - 5830/L
N/A	KIN	5860	Advanced Topics in Sports Medicine and Nutrition	3	Every Other S	PRE - 5830/L
N/A	KIN	5870	Skeletal Muscle Physiology	3	Every Other F	PRE - 5830/L
590	KIN	5900	Research Methods	3	F	GRADUATE STANDING
591	KIN	5910	Research Design	3	S	GRADUATE STANDING
599	KIN	5990	Special Topics for Graduate Students	1,2,3	F/S	GRADUATE STANDING
695	KIN	6950	Master's Degree Project	3	F/S	GRADUATE STANDING
696	KIN	6960	Master's Degree Thesis	3	F/S	GRADUATE STANDING
697	KIN	6970	Comprehensive Examination	2	F/S	GRADUATE STANDING
699	KIN	6990	Master's Degree Continuation	0	F/S	GRADUATE STANDING

Program Objectives and Student Learning Outcomes - Measurement and Timelines

PO1. Students will apply the sub-disciplines while teaching within a physical education environment.
 SLO 1a: Students will describe the history and apply the broad content of the Kinesiology and Health Promotion to the field adapted and physical education.
 Assessment Method: KIN 4420 or 4630. Questions on final exam or course embedded assignment using a 5 point rubric scale.
 Timeline: Each time KIN 4420 or 4630 is taught.
 SLO 1b: Students will develop skills to enable the synthesis of concepts within and across sub-disciplines of Kinesiology and Health Promotion.
 Assessment Method: KIN 3620 and KIN 4630. Course embedded project or questions on final exam using a 5-point rubric scale or course embedded project.
 Timeline: Each time KIN 3620 and KIN 4630 taught.

PO2. Students will effectively communicate in the teaching profession.
 SLO 2a: Students will develop both oral and written communication skills.
 Assessment Method: KIN 2290. Written paper using 5-point rubric scale covering 15 criteria. Oral presentation using a 5-point rubric scale.
 Timeline: Each time KIN 2290 is taught.
 SLO 2b: Students will demonstrate interpersonal and critical thinking skills.
 Assessment Method: KIN 2050 and KIN 2290. Group problem solving OR course embedded assignment using a 5-point rubric scale.
 Timeline: At least once a year in each course.

PO3. Students will demonstrate and teach motor skills in a physical education environment.
 SLO 3a: Students will demonstrate competency in motor skills and apply a variety of concepts, theories, and methods common to teaching physical education.
 Assessment Method: KIN 3210/A, KIN 3220/A, KIN 3230/A, KIN 3240/A, and KIN3250/A. Peer or student teaching using a teaching assessment rubric.
 Timeline: Each time each course is taught.

PO4. Students will analyze and evaluate human behavior and performance within a physical education environment.
 SLO 4a: Students will utilize statistical and measurement concepts.
 Assessment Method: KIN 3030/L or KIN 3040/L and KIN 4050S/AS. One lab report or activity assignment will be graded using a rubric with a 5-point scale.
 Timeline: Each time KIN 3030/L or KIN 3040/L and KIN 4050S/AS is taught.
 SLO 4b: Students will assess, measure and evaluate student performance.
 Assessment Method: KIN 3210/A, KIN 3220/A, KIN 3230/A, KIN 3240/A, and KIN3250/A. Peer or student teaching using a teaching assessment rubric.
 Timeline: Each time each course is taught.

PO5. Students will demonstrate ethical behavior within a physical education environment.
 SLO 5a: Students will identify and explain key aspects of ethical issues in decision-making.
 Assessment Method: KIN 3500. Course embedded assignment or exam questions.
 Timeline: Each time KIN 3500 is taught.

Student Learning Outcomes Measurement Analysis
 After data collection, the faculty will analyze the results. Results will be turned into the KHP Department Chair or KHP Assessment Coordinator within 4 weeks of the close of the semester.
 Curriculum Matrix
 Pedagogical Kinesiology Option

Assessment Plan

Courses / Learning Outcomes	PO # 1 Apply and Teach Disciplinary Content		PO # 2 Effective Communication		PO # 3 Demonstrate and teach motor skills	PO # 4 Analyze and evaluate behavior and performance		PO # 5 Ethical Behavior
	SLO 1a Describe and apply disciplinary content	SLO 1b Synthesize disciplinary content	SLO 2a Oral and written communication	SLO 2b Interpersonal and critical thinking skills	SLO 3a Motor skill competency and apply theory and knowledge	SLO 4a Utilize statistical and measurement concepts	SLO 4b Assess, measure and evaluate performance	SLO 5a Identify and explain ethical issues
KHP Core Courses								
KIN 2020	I	I	I/D	I/D			I	I
KIN 2050	I			D/M				

	KIN 2200	KIN 2290	KIN 3030/D	KIN 3040/D	KIN 3620/A	KIN 2220/A	KIN 2460S/AS	KIN 3210/A	KIN 3220/A	KIN 3230/A	KIN 3240/A	KIN 3250/A	KIN 3260/A	KIN 3500	KIN 3550/A	KIN 4050S/SA	KIN 4420	KIN 4630	
	I	I	I	I	I	I	I	I, D	I, D	I, D	I, D	I, D	I, D	I, D	D	D	D, M	D	D
	PO # 1 Apply and Teach Disciplinary Content	PO # 2 Effective Communication	PO # 3 Demonstrate and teach motor skills	PO # 4 Analyze and evaluate behavior and performance	PO # 5 Ethical Behavior	SLO 1a Describe and apply disciplinary content	SLO 1b Synthesize disciplinary content	SLO 2a Oral and written communication	SLO 2b Interpersonal and critical thinking skills	SLO 3a Motor skill competency and apply theory and knowledge	SLO 4a Utilize statistical and measurement concepts	SLO 4b Assess, measure and evaluate performance	SLO 5a Identify and explain ethical issues						
Pedagogical Kinesiology Option Courses																			
Select Program	Program																		
Prospective Curriculum																			
Steps																			
Files	None																		